Enjoy Family Day, everyone!

Last week was a chilly one, but believe it or not, it warmed up for the Moonlight Ski and Potluck Supper on Friday night. Five individuals were present for this event and the skiing was excellent – both the Green Trail and the Blue Trail had traffic. The food was delicious as usual – black bean soup, two curried Indian dishes, a garden bean-tomato side dish and brownies. And there were Valentines Day tablecloths!

**Tips for Colder Weather Skiing**

Skiing in colder weather can be very enjoyable. The trick is to dress for the temperature. Wearing mittens instead of gloves is a good idea. Also, wearing a balaclava to protect your face is preferable to just wearing a hat. Dressing in layers of breathable clothing such as wool or synthetics also works to keep you warm. Some people wear three or four layers – it depends on the individual. Dressing for the cold makes all the difference.

**Kudos to the TNSC Youth Program Coordinator and Instructors**

Every January and February, for 8 weeks, TNSC offers an instructional program to young skiers. Currently there are 42 skiers enrolled in the Bunny Rabbit program and Jack Rabbit Levels 1, 2, and 3 programs. Isabelle Goulet is the coordinator for these programs and organizes the registration for the children and the instructor training. The volunteer instructors for these programs are club members Shane Hartzke (Bunny Rabbit), Kerry Shaffer (Jack Rabbit Level 1), Erin Little (Jack Rabbit Level 2), and Jason Morrow and Isabelle Goulet (Jack Rabbit Level 3). Assistants on the snow are Genevieve and Stefanie Nolet, Sarah Maguire, Emily Reynolds, and Laurena D’Hondt. Parent helpers are also present to assist the coordinator and coaches. After the on-snow instruction, both the students and coaches are treated to hot chocolate and snacks in the chalet, prepared by Louise Gauthier and her kitchen crew of parents. Thank you to all these volunteers who give up Saturday afternoons, plus the hours it takes to prepare for the program launch and lessons. If you have seen the children and their instructors on the snow and in the chalet, you are probably very impressed with the energy and enthusiasm from all participants. Be sure to come out to the Jack Rabbit Olympics scheduled for Saturday, February 28th. You will see the students (and instructors) showcase their skills in various fun-filled games and activities.

**High School Teams at Sudbury**

Students from our two local high schools, ESCSM and TDSS, have been practicing at the club for several weeks now in preparation for OFSAA. On Tuesday, February 10th, they raced in the NOSSA 2015 Nordic Ski Championships in Sudbury at Laurentian Nordic Trails with good results against schools from North Bay and Sudbury. Their next event is OFSAA in Sudbury on Wednesday, February 18. Go teams, go!

**TNSC Family Sprint Day and Annual Loppet**

The Family Sprint Day event will now take place on Saturday, March 28th. The TNSC Annual Loppet will take place on Sunday, March 29th. The temperatures will definitely be warmer than they were this past weekend.

**Midget Championship Dress Rehearsal**

The dress rehearsal for the Ontario Midget Championship is scheduled for Saturday, February 21st beginning at 2:30 p.m. Thank you to all the volunteers who are giving their time for this exciting event. If you are volunteering for the Ontario Midget Championships and you did not receive the email sent out yesterday, February 15th, please contact Lynn Gibson at [lynngibson12@hotmail.com](mailto:lynngibson12@hotmail.com).

**Ski Lessons**

Ski lessons continue to be available for beginner or experienced classic and skate skiers. To book a lesson on Saturday or Sunday (or other time), contact Bill Gabbani at 705-679-2118 or email him at [bill\_gabb@hotmail.ca](mailto:bill_gabb@hotmail.ca). The price is $10.00 for an hour’s lesson, with all proceeds going to the club. If you are a new TNSC club member, you receive two free ski lessons this season, so take advantage of this great offer!

**Upcoming Events**

**Saturday Night Under the Lights from 7:00 p.m. – 9:00 p.m. -** ongoing

**Saturday, February 28th** – Jackrabbit Olympics, Halton Hills Ski Club visit

**Saturday, March 7 and Sunday, March 8 -** The Ontario Midget Championships at TNSC

Lynn Gibson

(TNSC Director of Public Relations)