



## **2020-21 Board of Directors**

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Chalet	Anthony Story
Instruction	Bill Gabbani
Membership	Joanne Beeson
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### **President Welcome**

Welcome to the 2020 2021 season. To say this will be a different season would be an understatement. The executive is working through the rapidly changing situation and protocols due to COVID, and we feel we will be offering our members and day users a safe, fun way to enjoy winter.

The executive had some difficult decisions to make but at the heart of every decision, was the underlying concern for the safety of our members and volunteers.

After lengthy discussion, we have decided to keep the chalet closed until after the Christmas Holidays. Several factors were considered, including an increasing number of cases in our district, family coming for visits, and the number of visitors from other areas that come over the holidays to ski. Although skiing is a great, safe way to enjoy winter, being in an enclosed space is not.

I cannot stress this enough: **the only people allowed in the chalet are the essential volunteers, openers, closers, groomers and executive members.** The only exception to this rule will be specific days designated for seasonal ski rentals. However, during these times, entry will be strictly limited to those who have preregistered.

As washrooms are off limits at this time, please use the outhouse located by the garage.

### **Safety Practices are as follows:**

- 1) Safety starts in the parking lot. Always maintain a 2-meter distance. If you cannot, **WEAR A MASK**
- 2) Come prepared to ski; dressed, skis waxed ready to go.
- 3) When skiing, keep a safe distance and always keep a mask handy in case you need it on the trails.
- 4) Ski then go home. This saddens me as one of the joys for me was sitting by the fire and socializing after the ski. Hopefully, we will do that again, but not this year. Do not socialize in the parking lot or around the chalet. That said, a very quick exchange of pleasantries is fine.

PLEASE observe the Health Unit protocols.

### Groomer Update

The main repairs to the groomer have been completed. Unfortunately we are waiting on parts from the United States to arrive. Our best estimate for having the main groomer back is mid-January. The equipment we have does not allow us to adequately groom the Red or the two loops on the Blue. For this reason, until we get the Piston Bully back, we will only be grooming 5 km of the Green and 5 km of the Blue. While we recognize that the groomer situation must be addressed, unfortunately due to COVID, we have two issues:

1. The supply of used groomers is currently zero
2. Grant funding for capital purchases is tough to find. The executive is working hard to find a solution, but it will take time.

While there are new rules in place this season, we are fortunate to live in an area with relatively few covid cases. We will have groomed ski trails, and snowshoe trails, so please enjoy the winter safely.

As always, any questions or concerns please contact me anytime at [haileybury.walkers@hotmail.com](mailto:haileybury.walkers@hotmail.com).

Russell Walker  
President

### Seasonal Ski Rentals

For seasonal ski rentals, please contact Russell at [haileybury.walkers@hotmail.com](mailto:haileybury.walkers@hotmail.com) ASAP to arrange for an appointment (between Christmas and New Year's). Please note that members are required to pre-register indicating your boot size, height and preference for skate or classic skis.

## **Membership**

Welcome to the 2020 – 2021 winter ski season! It's been a long time coming but it's finally here. As an early Christmas present to you, membership rates did not increase and a daily ski pass can now be purchased online. All information can be found on the TNSC website ([www.temiskamingnordic.ca](http://www.temiskamingnordic.ca)) by simply clicking on the correct drop down menu. Our website 'caretaker', Peter Landers has made it as easy as possible for you to access information about TNSC. Please reach out if you require clarification.

Due to COVID restrictions, chalet access is limited, so tags will not be issued to seasonal members. You are asked to print the membership tag provided in the email sent when you register online. There should be two tags mentioned: one for Nordic Canada and one for TNSC. Either is acceptable. They are not as showy as our previous tags however there are some ingenious ways to make them durable so that they are visible on your clothing. (The membership director will be watching for members with the most creative means to display their tag!)

As mentioned above, only daily ski passes can be purchased online, however you can still purchase them along with daily snowshoe passes at the club. Envelopes for both are located outside the chalet below the lock box. You can't miss the bright red box that holds them.

Despite restrictions in the province, TNSC trails are open for business!! May you find solace and peace in the beauty, the quiet and the awesomeness that Mother Nature has to offer. (That is, as long as you aren't breathing too hard!!)

**Don't forget that a TNSC membership would make a wonderful Christmas gift!**

Joanne Beeson  
TNSC Membership Director

## **TNSC Trails and Grooming 2020/2021**

We have a late start to our skiing season however, with a good snowfall in mid-December, the trails are now in good shape.

The Pisten Bully is once again in the repair shop for a major rebuild and will not be on the trails before mid to late January. We will be grooming with the small machines and to limit the stress on our volunteer groomers and snow machines, only the Blue, Green and Middle Loop of the Red will be groomed.

Keep in mind that until we can groom with the Pisten Bully, the trails will tend to be softer. So, if your poles have racing baskets, you might want to put on larger pole baskets.

Follow us on Twitter for the latest trail grooming updates. [TNSC Trail Conditions on Twitter](#)

Updates are also available on our website <https://www.temiskamingnordic.ca/> on the right hand side of the page under trail conditions.

Lastly, if you encounter any fallen trees or other problem areas on the trails, please let me know.

Happy Skiing!!  
Barrie Story (705) 563-2914  
TNSC Winter Trail Director

### **Trail Safety and Etiquette**

We remind members that trails are groomed by volunteers. We ask that you kindly review the following Trail Safety/Etiquette recommendations:

- Wear your membership tag or day-use pass on the trails.
- Always carry a cell phone in case of emergencies
- You must show your membership tag or day-use pass if asked.
- If you are unable to produce your tag, you may be asked to leave the trails
- Use assigned trails for skiing or snowshoeing
- NO snowmobiles; snowshoes; pets or walking upon the ski trails.
- If you must walk, remove your skis and walk to the far right or left of the trail
- Always ski in the direction marked
- Repair fall marks as best you can

### **Instruction**

Individual ski lessons for classic and skating technique will be available for those wishing to improve their technique. Lessons will not only include ski technique but will also include balance exercise; strength exercise; and stretching. The cost for a lesson is \$10. The contact person for individual and group lessons is Bill Gabbani. You can reach him at 705 679 2118 or by email [bill\\_gabb@hotmail.ca](mailto:bill_gabb@hotmail.ca)

### **Chalet Update**

As stated in the Presidents welcome, the chalet will remain closed to all but essential volunteers until further notice, and at least until after the Christmas holidays. As Russell pointed out, the holiday season is expected to be a period in which visitors from outside Timiskaming pose a higher risk of transmitting COVID-19 within the chalet. Staying outside will allow us to continue to enjoy our favorite winter sport with minimal added

stress for our hard-working club volunteers. Physical distancing outdoors is also required.

On 21 December, Timiskaming will transition from a green zone (Prevent) to a yellow zone (Protect). Although this will not directly impact existing Temiskaming Nordic operations, it reinforces the need for a high level of vigilance in these challenging times. The current facility guidelines, which have been reviewed by the Timiskaming Health Unit, are provided on the following page.

Thanks to the many volunteers who are helping to keep the chalet heated and the pipes thawed. Stay tuned for further updates in mid-January. The photo below summarizes the existing situation with a more detailed protocol provided below.

Anthony Story  
Chalet Director



## Temiskaming Nordic Facility Guidelines, December 2020

These interim guidelines are in effect from Dec. 11, 2020 to at least Jan. 8, 2021.

### Parking Lot

Physical distancing starts in the parking lot. If 2-metre physical distancing is not possible, skiers are expected to wear a mask.

Safety begins in the parking lot:

- Stay home if sick.
- Give others their space.

### Chalet

In December 2020, the Temiskaming Nordic chalet will be closed to skiers with the following exceptions:

- Club volunteers such as trail groomers;
- Club coaches for specific purposes such as turning on trail lights or accessing waxing equipment to move it outside;
- Specific volunteers assigned to duties such as lighting woodstoves;
  - for these purposes, no more than one family/household will be permitted in the chalet at one time and those will be limited to the specific individuals or family assigned to stoves that day;
  - the same family assigned to stoves that day will also be permitted to use a wax bench in the chalet basement (wax benches will also be made available outdoors on weekends starting 2 January).

Entrance to the chalet will be through the front, main, door; a sign-in sheet will be completed by those entering the chalet, which will include self-assessment for Covid symptoms. Use hand sanitizer provided.

All individuals aged two or older entering the chalet will wear masks. No exceptions. Disposable masks will be provided at the main door of the chalet.

Individuals in the chalet will also maintain 2-metre physical distancing unless all from the same household.

No more than six individuals will be allowed in the chalet at one time (with the exception of TNSC board meetings). For instance, this could include a family of four, as well as one coach and one volunteer groomer. Monitoring of numbers inside the chalet will be carried out jointly by the volunteers inside. At board meetings, up to 10 individuals will be permitted in the chalet.

Only the accessible washroom on the lowest level of the chalet will be available for use in the chalet by volunteers described above. It will be cleaned regularly and high-touch surfaces (e.g., door-knobs, light switch, faucet and toilet levers) will be wiped twice daily.

Change-rooms, the kitchen, and upstairs washrooms will all remain closed.

## Out-house

An out-house is available near the north end of the parking lot.

Hand sanitizer will be available at the out-house; use it prior to entering and again when exiting.

Volunteers will be maintaining the out-house. Keep it clean and tidy.

If you finish the last roll of toilet paper (or nearly finish it), let an adult know and the volunteer or family in charge of fires that day will be asked to retrieve a new roll from the chalet.